

CLINICAL QUESTION LIST

Assessment and Identification of Increased Intestinal Permeability

- Q1). In Australian adults presenting to private practice, what **client history**, **pathology** and **physical examination** contribute to a differential diagnosis of increased intestinal permeability?
- Q2). In Australian adults presenting to private practice, what **health conditions** should clinicians **suspect** increased intestinal permeability?
- Q3). In Australian adults presenting to private practice, in what **health conditions** should clinicians **measure** intestinal permeability?
- Q4). At what **stage** and **circumstance** (active disease, monitoring disease, before treatment, after treatment, early disease onset and late disease onset) should clinicians **measure** intestinal permeability in Australian adults?
- Q5). In Australian adults with suspected increased intestinal permeability, what is the most **accurate**, **accessible** and **affordable** method to **measure** intestinal permeability in private practice?
- Q6). What factors do clinicians need to consider when measuring intestinal permeability in Australian adults?
- Q7). What **signs** and **symptoms** are associated with increased intestinal permeability in Australian adults?

Q8). Should clinicians incorporate patient's **signs** and **symptoms** in the **identification** of increased intestinal permeability in Australian adults?

Treatment of Increased Intestinal Permeability

Q9). In Australian adults with suspected increased intestinal permeability presenting to private practice, when should clinicians consider **treatment interventions**?

Q10). What **treatment objectives** should clinicians consider for the treatment of adults with suspected increased intestinal permeability?

Q11). In Australian adults with confirmed increased intestinal permeability, what are the benefits of **lifestyle behaviours** for the treatment of increased intestinal permeability?

Q12). In Australian adults with confirmed increased intestinal permeability, what are the benefits of **dietary choices** for the treatment of increased intestinal permeability?

Q13). In Australian adults with confirmed increased intestinal permeability, what are the benefits of **fortified foods** for the treatment of increased intestinal permeability?

Q14). In Australian adults with confirmed increased intestinal permeability, what are the benefits of **oral vitamin supplementation** for the treatment of increased intestinal permeability?

Q15). In Australian adults with confirmed increased intestinal permeability, what are the benefits of **oral mineral supplementation** for the treatment of increased intestinal permeability?

Q16). In Australian adults with confirmed increased intestinal permeability, what are the benefits of **oral amino acid supplementation** for the treatment of increased intestinal permeability?

Q17). In Australian adults with confirmed increased intestinal permeability, what are the benefits of **oral essential fatty acid supplementation** for the treatment of increased intestinal permeability?

Q18). In Australian adults with confirmed increased intestinal permeability, what are the benefits of **oral probiotic supplementation** for the treatment of increased intestinal permeability?

Q19). In Australian adults with confirmed increased intestinal permeability, what are the benefits of **oral colostrum supplementation** for the treatment of increased intestinal permeability?

Q20). In Australian adults with confirmed increased intestinal permeability, what are the benefits of **oral synbiotics (probiotics and prebiotics) supplementation** for the treatment of increased intestinal permeability?

Q21). In Australian adults with confirmed increased intestinal permeability, what are the benefits of **oral plant-based medicine supplementation** for the treatment of increased intestinal permeability?

Harm, Cautions, Contraindications and the Treatment of Increased Intestinal Permeability

Q22). In Australian adults with suspected increased intestinal permeability, what are the harms, cautions and contraindications for **oral medication use**?

Q23). In Australian adults with suspected increased intestinal permeability, what are the harms, cautions and contraindications for **lifestyle behaviours**?

Q24). In Australian adults with suspected increased intestinal permeability, what are the harms, cautions and contraindications for **exercise**?

Q25). In Australian adults with suspected increased intestinal permeability, what are the harms, cautions and contraindications for **dietary choices**?

Q26). In Australian adults with suspected increased intestinal permeability, what are the harms, cautions and contraindications for **fortified food use**?

Q27). In Australian adults with suspected increased intestinal permeability, what are the harms, cautions and contraindications for **oral vitamin use**?

Q28). In Australian adults with suspected increased intestinal permeability, what are the harms, cautions and contraindications for **oral mineral use**?

Q29). In Australian adults with suspected increased intestinal permeability, what are the harms, cautions and contraindications for **oral amino acid use**?

Q30). In Australian adults with suspected increased intestinal permeability, what are the harms, cautions and contraindications for **oral essential fatty acid use**?

Q31). In Australian adults with suspected increased intestinal permeability, what are the harms, cautions and contraindications for **oral probiotic use**?

Q32). In Australian adults with suspected increased intestinal permeability, what are the harms, cautions and contraindications for **oral colostrum use**?

Q33). In Australian adults with suspected increased intestinal permeability, what are the harms, cautions and contraindications for **oral synbiotics (probiotics and prebiotics) use**?

Q34). In Australian adults with suspected increased intestinal permeability, what are the harms, cautions and contraindications for **oral plant-based medicines use**?